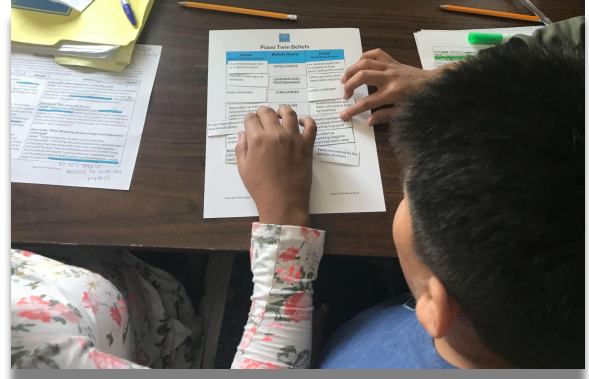


HANDS-ON INVESTIGATIONS

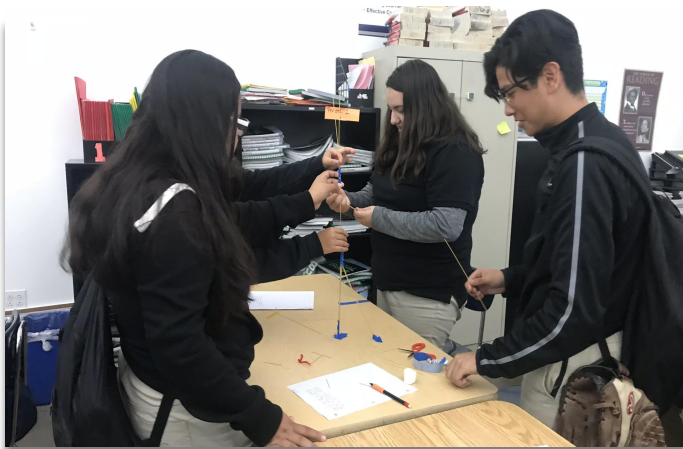
In the **Mindset Mastery SEL Curriculum**, each of the 160 lessons contains a hands-on investigation component that captivates students' curiosity and supports memory, retention, recall, and diverse learning styles! Here are some examples!



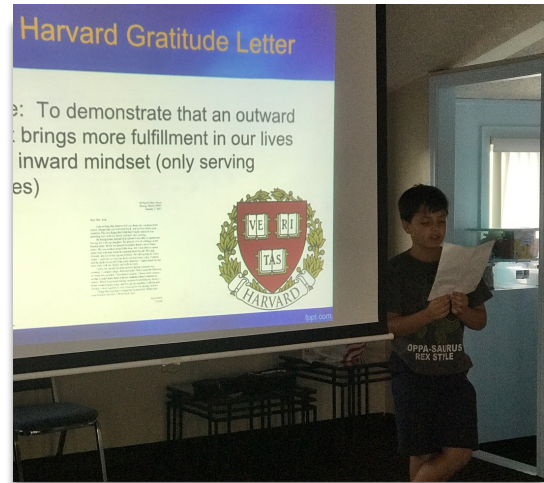
In Lesson 1 of Module 3: The Genius Secret, students explore the power of a **Growth Mindset** by exploring their inner dialogue as they try to recreate the **paper model**, a very challenging task indeed! They identify their internal language as empowering or disempowering and analyze its impact on their ability to persist through the 8 minutes!



In Lesson 3 of Module 3: The Genius Secret, students **read the story** of two piano playing twins according to each perspective in order to understand why one succeeded to the highest levels (growth mindset) while the other one plateaued (fixed mindset). Then they perform a **card sort** to explore the pianists differing beliefs about intelligence, effort, others' successes, mistakes, and failure.



In lesson 6 of Module 0: Creating a Mindset Family Culture, students try to create the tallest **tower of marshmallows** in order to understand the most important factors that compose great teams!



In lesson 3 of Module 13: The Happiness Advantage, students participate in the famous **Harvard Gratitude Experiment** where they write and read a detailed letter to someone who they haven't properly shown appreciation for in order to understand the most important level of happiness: Purpose through contribution!

